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SUMAN Roadmap 2030 (Surakshit Matritva Aashwasan)

1 July 2026 · 1 items

Context

Union Minister of Health and Family Welfare Shri Jagat Prakash Nadda on **Monday, 29 June 2026** launched the **"SUMAN Roadmap 2030"** at the **16th Conference of the Central Council of Health and Family Welfare (CCHFW)** held at **Vigyan Bhawan, New Delhi**. **SUMAN = Surakshit Matritva Aashwasan**. Present were **Union Ministers of State for Health Smt. Anupriya Patel and Shri Prataprao Jadhav**, State/UT Health Ministers, and senior MoHFW officials. The roadmap — spearheaded by the **Maternal Health Division of MoHFW** under the **RMNCHA+N (Reproductive, Maternal, Newborn, Child & Adolescent Health plus Nutrition) framework** — aims to accelerate India's progress toward the **SDG targets on maternal/newborn health: reduce MMR to below 70 per 100,000 live births by 2030**, further lower NMR and IMR, achieve **universal saturation** of maternal/newborn services, and **eliminate preventable deaths**. Targeted, time-bound strategies will be deployed across **130 high-burden districts in 13 States**. Alongside, Nadda released the **Operational Guidelines on National Ambulance Services (NAS) 2026** with **Integrated Command & Dispatch Centres (ICDCs), GPS-tracking, integration with emergency number 112**.

Key Facts

- **SUMAN Full Form: Surakshit Matritva Aashwasan** (Safe Motherhood Assurance) — originally launched by PM Modi on **10 October 2019**.
- **Framework: RMNCHA+N**.
- **Life-cycle approach:** Pre-pregnancy → pregnancy → childbirth → postnatal.
- **13 High-Focus States:** Assam, Bihar, Chhattisgarh, Haryana, Jharkhand, Karnataka, MP, Odisha, Punjab, Rajasthan, UP, Uttarakhand, WB.

Key Features

- **Integrated Continuum of Care:** Folic acid supplementation → ANC → safe delivery → PNC.
- **Four-Stage High-Risk Pregnancy Tracking:** Early ANC → 3rd trimester → childbirth → postpartum.
- **SUMAN Panchayats:** Village councils monitor **zero maternal deaths, zero infant deaths, universal ANC, institutional deliveries, full immunization**.
- **Bi-Weekly ASHA Home Visits** during 8th/9th months of pregnancy.
- **"Mothers' Picnic" Platform:** Community engagement.
- **AI-Enabled Labour Rooms:** Auto tracking of maternal vitals + fetal distress.
- **JANANI Portal:** Centralised cloud platform for real-time high-risk case tracking.
- **Non-Pneumatic Anti-Shock Garment (NASG):** Postpartum hemorrhage management.
- **SUMAN Call Centre:** 24×7 grievance redressal.
- **Centres of Excellence:** Staff training.
- **Climate-Responsive Frameworks:** Protect women/newborns from extreme weather.
- **Birth Waiting Homes, MCH Wings, Obstetric HDUs/ICUs** in underserved areas.

Practice MCQs

Q1. With reference to the SUMAN Roadmap 2030 launched on 29 June 2026, consider the following

"Your only competition is yesterday's version of you."

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statements:

1. It was launched by Union Health Minister Shri Jagat Prakash Nadda at the 16th CCHFW Conference at Vigyan Bhawan, New Delhi.
2. SUMAN stands for "Surakshit Matritva Aashwasan".
3. The Roadmap is spearheaded by the Maternal Health Division of MoHFW under the RMNCHA+N framework.
4. SUMAN Roadmap 2030 was released by Union Finance Minister Smt. Nirmala Sitharaman.

How many of the above statements are correct?

- (a) Only one (b) Only two (c) **Only three** (d) All four (e) None

(Statement 4 is wrong; the **Health Minister, not the Finance Minister, released the Roadmap.**)

Q2. With reference to the targets under the SUMAN Roadmap 2030, consider the following statements:

1. It aims to reduce the Maternal Mortality Ratio (MMR) to below 70 per 100,000 live births by 2030.
2. The MMR target aligns with the United Nations Sustainable Development Goal 3.1.
3. It also aims to further reduce the Neonatal Mortality Rate (NMR) and Infant Mortality Rate (IMR).
4. The Roadmap aims to eliminate all diseases in India by 2030.

Answer Key

1. (c) — Statement 4 wrong: Health Minister, not FM.
2. (c) — Statement 4 wrong: Focus is maternal/newborn health, not all diseases.

4. Ayushman Sarathi

Source: PIB

Context

Union Health Minister **Shri J.P. Nadda** on **Monday, 29 June 2026** in New Delhi launched "**Ayushman Sarathi**" — the **official PM-JAY WhatsApp chatbot** — developed by the **National Health Authority (NHA)** under the **Ministry of Health and Family Welfare (MoHFW)**. It provides citizens with **secure, 24×7, API-based access to Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB PM-JAY)** services — including **eligibility check, card management (apply/download/lock-unlock), eKYC, Aadhaar linking, Ayushman Vaya Vandana Card for senior citizens 70+ years, wallet balance, treatment history, empanelled hospital locator, grievance registration, and post-discharge feedback**. Beneficiaries access it by **sending "Hi" to +91 72908 23838 on WhatsApp** or **scanning the official NHA QR code**. Nadda simultaneously launched the **Unified Drug Registry, Unified Health Interface (UHI), and Aarogya Setu 2.0** (Personal Health Record platform under **ABDM**).

Key Features

- **Comprehensive Card Management** (apply, download, lock/unlock, eKYC, Aadhaar linking).
- **Dynamic Security Grid** (lock/unlock cards to prevent misuse).
- **Ayushman Vaya Vandana Card** module for **senior citizens 70+ years**.
- **Real-Time Financial + Clinical Lookups** (wallet balance, treatment history, empanelled hospital search).
- **Automated Grievance Redressal** (register/track/withdraw + post-discharge feedback).
- **Instant Activation** 24×7 via WhatsApp.

What is PM-JAY?

- **Full Form: Pradhan Mantri Jan Arogya Yojana** (under Ayushman Bharat).
- **Launched: 23 September 2018.**

- **Coverage: Up to ₹5 lakh per family per year** for secondary + tertiary care.
- **Implementing Agency: NHA** under MoHFW.

Ayushman Vaya Vandana Card

- Launched **29 October 2024** by PM Modi.
- **All senior citizens 70+ years**, irrespective of income.
- **₹5 lakh top-up cover** under PM-JAY.

Simultaneous Launches

Initiative	Detail
Unified Drug Registry	Standardised digital platform for drug information
Unified Health Interface (UHI)	Interoperability layer for health services under ABDM
Aarogya Setu 2.0	Personal Health Record (PHR) platform under Ayushman Bharat Digital Mission (ABDM)

What is ABDM?

- **Ayushman Bharat Digital Mission** — launched **27 September 2021**.
- Builds India's digital health infrastructure — **ABHA ID (14-digit)**, **Healthcare Professionals Registry**, **Health Facility Registry**, **PHR**.

Practice MCQs

Q1. With reference to "Ayushman Sarathi" launched on 29 June 2026, consider the following statements:

1. It was launched by Union Health Minister Shri J.P. Nadda in New Delhi.
2. It is developed by the National Health Authority (NHA) under the MoHFW.
3. It is a WhatsApp-based chatbot providing 24×7 access to AB PM-JAY services.
4. It is a paid application requiring monthly subscription for beneficiaries.

How many of the above statements are correct?

- (a) Only one (b) Only two (c) **Only three** (d) All four (e) None

(Statement 4 is wrong; **Ayushman Sarathi is FREE for beneficiaries** — no subscription is required.)

Q2. With reference to the features of the Ayushman Sarathi chatbot, consider the following statements:

1. Beneficiaries can check PM-JAY eligibility, apply for and download Ayushman Card, and re-do eKYC.
2. Beneficiaries can lock/unlock their PM-JAY cards to prevent misuse.
3. Beneficiaries can view wallet balance, treatment history, and locate empanelled hospitals.
4. Beneficiaries cannot register or track grievances through the chatbot.

How many of the above statements are correct?

- (a) Only one (b) Only two (c) **Only three** (d) All four (e) None

(Statement 4 is wrong; **automated grievance registration, tracking, and withdrawal are among Ayushman Sarathi's key features.**)

Answer Key

1. (c) — Statement 4 wrong: Free, not paid.
2. (c) — Statement 4 wrong: Grievance features included.

Exam Relevance

Exam	Relevance
RBI Grade B (Phase I + II)	High — ESI on health governance, DPI health
NABARD Grade A	High — Rural health scheme access
SIDBI/SEBI/IRDAI Grade A	Medium — Digital governance
Banking (SBI PO, IBPS)	Very High — Recurring GA: PM-JAY, NHA, ABDM
UPSC Prelims & Mains	Very High — GS-II (Schemes, Governance)
State PCS	High
SSC, Railway, Insurance	Very High

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